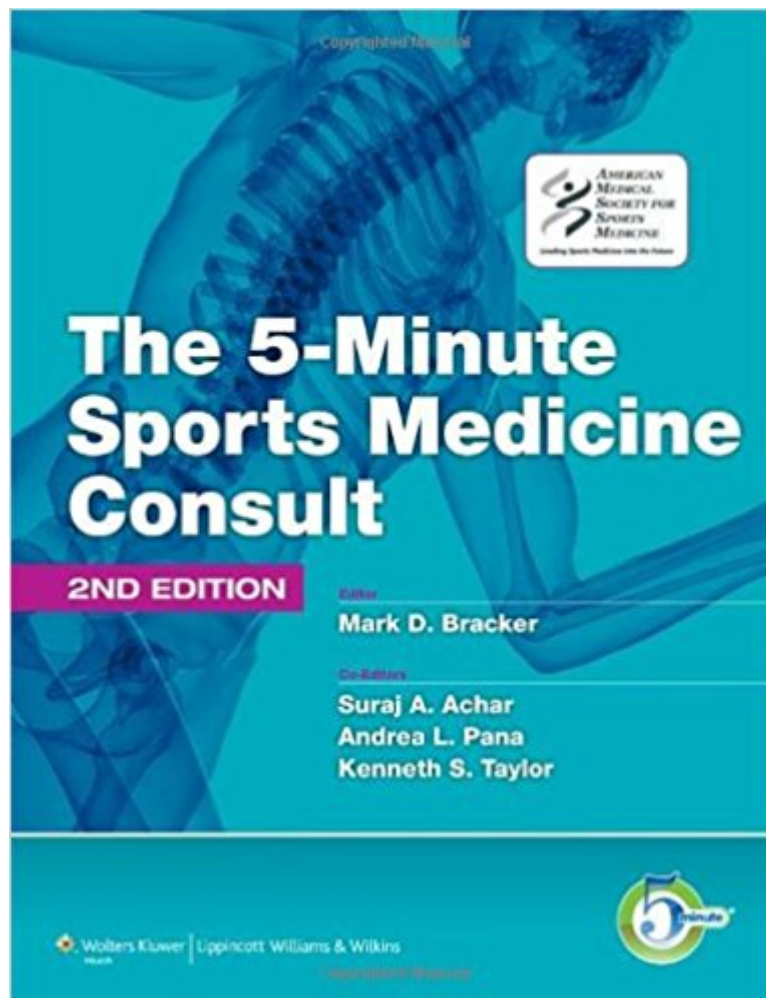




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# The 5-Minute Sports Medicine Consult (The 5-Minute Consult Series)



## Synopsis

Now in its Second Edition, The 5-Minute Sports Medicine Consult is a clinically oriented quick consult reference for sports medicine. Common sports-related problems faced by primary care practitioners are thoroughly and concisely presented in the famous fast-access 5-Minute Consult format. Chapters on musculoskeletal problems cover basics; diagnosis; acute treatment, including on-field management; long-term treatment, including rehabilitation and referrals; and commonly asked questions. Other chapters address the special populations of children, adolescents, females, geriatric athletes, and disabled athletes and general medical problems in athletic individuals. Appendices include musculoskeletal radiography, office rehabilitation, and joint and soft tissue injection.

## Book Information

Series: The 5-Minute Consult Series

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Average Customer Review: 4.5 out of 5 stars 7 customer reviews

Best Sellers Rank: #505,713 in Books (See Top 100 in Books) #156 in Books > Textbooks > Medicine & Health Sciences > Medicine > Clinical > Orthopedics #208 in Books > Medical Books > Medicine > Surgery > Orthopedics #289 in Books > Textbooks > Medicine & Health Sciences > Medicine > Clinical > Sports Medicine

## Customer Reviews

Am a Family Nurse Practitioner. Can't say how useful this book is in a jiffy when needed. Keep the Kindle Fire by my side and when need a quick reference, this is it. Able to improve care for many patients based on the information obtained from this book. Worth its weight in gold. Also, has a chapter guide so you can go quickly to what you need, without scrolling through hundreds of pages when you don't have much time.

The book is okay, I guess I had different expectations from the book. It has good information but

hard to use. It is still sitting on the shelf in my office and I rather touch it.

excellent reference, well organized with countless bits of great information. Many references provide information, but if it takes more than a minute to find it, you might move on to another reference--but fortunately this does not have that problem and the appendix pointers on injections and radiology is also a gold mine!

Have been using this every time I have someone come in with complaints about joints. the contents are short and sweet and to the point.

Pretty comprehensive, yet efficient, resource for sports medicine. I take it with me everywhere during my sports med fellowship. Also, space at bottom of most pages for you to jot notes down.

Very valuable resource.

Well written! A great review of the sports medicine topics for fellows during training or for studying for the CAQ exam.

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